

Sex during Fasting

12.1 Regarding Male Problems

(A) The revered Abu Saeed⁽²⁾ has reported the holy prophet⁽¹⁾ as saying “A fast is not broken by cupping, vomiting, and nocturnal ejaculation” **(Abu Dawood)**

(B) If one forgets one is fasting and eats, drinks or performs intercourse the fast is not broken, whether the fast was compulsory or non-compulsory .

(Dar Mukhtar / Dul Mukhtar)

(C) A fast is not broken under the following conditions:

(i) Kissing without ejaculation.

(ii) Looking at a woman or her genitals and ejaculation occurring, even though this looking and excitation may have been prolonged. **(Jauhera, Dar Mukhtar)**

(iii) A fast is not broken by animal intercourse except if ejaculation takes place. However if only physical contact takes place with the body, excluding genitals, then a fast is not broken even if ejaculation takes place. **(Dar Mukhtar)**

(iv) Nocturnal ejaculation and masturbation do not break a fast. **(Dar Mukhtar)**

(D) Abstaining from bathing after intercourse does not break a fast, however it will be a major sin if the obligatory prayer is missed because of this, as bathing is compulsory for prayers. **(Dar Mukhtar)**

(E) The fast is broken if one eats, drinks or performs intercourse, except when one forgets that one is fasting. **(Amma Kutb)**



(F) If one inserts a wet object into the vagina or anus the fast is broken, however if the object is dry then the fast is broken only when the whole object enters inside.

(Dar Mukhtar / Alamgiri)

(G) A fast is broken if a man touches, kisses, hugs or performs intercourse with a woman and ejaculation takes place. However if a woman is touched while wearing a thick dress then the fast is not broken, even though the person may ejaculate. **(Alamgiri)**

(H) If one is performing intercourse at the time of dawn and stops as soon as he realizes that, then his fast is not broken, however if he continues he will have to keep another fast in lieu of that (قضا) , but there will be no atonement penalty on him (كفارہ) **(Dar Mukhtar / Dul Mukhtar)**

(I) If there is a possibility that one will perform intercourse or ejaculate then its better not to touch, hug or kiss the wife. Sucking of the lips or tongue, or performing intercourse are, all forbidden. **(Dul Mukhtar)**

(J) For one who is fasting during ramzan and goes to stay in the masjid for the last ten days (اعتياف) he should leave the masjid only for essential things, but this does not include things like going to visit the sick or participating in a funeral. He should not touch his wife or perform intercourse. Moreover it is essential that he should be fasting and the masjid he stays in is used regularly for the five daily prayers.

(Abu Dawood)

12.2 Regarding Female Problems

(A) The fast is not broken if a woman inserts a dry finger in the vagina or the anus, however if the finger is wet or there is something else on it then the fast will be broken. Moreover if a



woman places cotton or a piece of cloth over the vagina and it goes completely inside then the fast will be broken.

(Alamgiri / Dar Mukhtar)

(B) If a woman forces a child or an insane person to perform intercourse then an atonement penalty is due on the woman but not the other person. **(Alamgiri)**

(C) The atonement penalties for breaking a fast are the following, in order of preference: (i) Free a slave, male or female (ii) Keep sixty fasts in sequence. If one misses even a single fast then subsequently one will have to complete sixty more, even if this missing be due to illness. However missing due to menstruation is exempt from this rule. (iii) Give food to sixty poor people twice in one day. **(Kutb-e-Kaseera)**

(D) The revered Anas Bin Malik Kabi⁽²⁾ reported the holy prophet⁽¹⁾ as saying “Allah has allowed the travellers to offer only half the prayers and the woman who is pregnant or nursing a child to postpone her fast.” **(Abu Dawood, Trimzi, Nisai, Ibn-e-Maja)**

(E) When a woman is not fasting due to menstruation, or bloody discharge after childbirth, she doesn't have to pretend and can take food openly if she wants. **(Jauhera)**

(F) A woman can fast in ramzan, or in lieu of fasts missed in ramzan, without her husband's permission, and even inspite of his opposition. For non-compulsory (نفل) fasts she should not do so, and if she is fasting she should break the fast on her husband's insistence, but she will have to make up the broken fast later on. However, if her husband is sick or on Hajj a woman can keep non-obligatory fasts even though it may be against the husband's desire. (Dar Mukhtar).

